

Beauty Rush Treat the one you love to a day of indulgence—post-holiday rush. Pick a spa treatment from the long list offered (we like the Aveda Red Clover and Seawood Purifying Body Masque) or ask the staff to create a day based on stress level. **Spa in the Valley**, Hunt Valley Towne Centre, 118 Shawan Rd., Hunt Valley, 410-771-0200.

* Don't forget to book your holiday maintenance early!

